

### Abstract

Described is a method and system for an access control in a communication network which includes a first wireless unit, a second wireless unit and at least one further unit. The first unit generates a frame for the second unit. The frame includes a first portion and a second portion. The first portion includes data indicating that the first unit is about to establish a direct communication channel with the second unit. The first portion is transmitted to the second unit and is received by the at least one further wireless unit. The direct communication channel is established between the first unit and the second unit for transmission the second portion. During the transmission of the second portion, the at least one further unit abstains from communications using the direct communication channel.